



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110
Fax: 2431 1156

Dear Parents,
各位家長：

P26059

Arrangement of House F1 Cheering Team Practice
中一級啦啦隊練習通告

The House is going to hold a cheering team performing competition during the sports day. All F.1 students will be the representatives to participate in the competition. They will engage in the cheering team practice as the time schedule attached. If student cannot attend the practice, please inform the House Master on or before 23th October, 2026 with a formal parent's letter. If you have any query, please feel free to contact the House Master.

四社將於陸運會舉辦四社啦啦隊表演比賽，而每年中一級學生均須代表所屬社別參與比賽。貴子弟須回校出席練習，詳情請參閱背頁。如未能出席練習，請於 23/10 或之前親身遞交請假信予所屬社之社監。如有任何查詢，可聯絡所屬社之社監。

Your ward will participate in the activity and the reply slip should be returned.

貴子弟將參與上述活動，敬請 貴家長簽妥回條。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長
16th October, 2026 二零二六年十月十六日

F1 Cheering team practice time schedule

中一級啦啦隊練習時間表

<u>F1 Cheering team practice time schedule</u>						
中一級啦啦隊練習時間表						
House 社別			Red House	Yellow House	Blue House	Green House
			紅社	黃社	藍社	綠社
House Master 社監			楊雪恩老師	梁嘉棟老師	吳冬美老師	黎昶老師
1	30 Oct (Fri)	9:45 - 11:45	Rm 321	Rm 421 - 423	2nd Hall	Hall
2	31 Oct (Sat)	9:30 - 12:00	Lecture Rm	Rm 421 - 423	2nd Hall	Hall
3	7 Nov (Sat)	9:30 - 12:00	Lecture Rm	Rm 421 - 423	2nd Hall	Rm 321
4	14 Nov (Sat)	9:30 - 12:00	Lecture Rm	Rm 421 - 423	2nd Hall	Hall
5	21 Nov (Sat)	9:30 - 12:00	Hall	2nd Hall	Rm 421 - 423	Lecture Rm
6	28 Nov (Sat)	9:30 - 12:00	Hall	2nd Hall	Rm 421 - 423	Lecture Rm
7	5 Dec (Sat)	14:00 - 16:00	Hall	2nd Hall	Rm 421 - 423	Lecture Rm
8	7 Dec (Mon)	16:30 - 17:30	Sports Ground 青衣運動場			