



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

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Dear Parents,
各位家長：

P26045

Arrangement of Form Teacher / Assembly Lessons (OCT 2026)

班主任課安排 (2026 年 10 月)

We would like to inform you that all classes will have a Form Teacher/Assembly lesson during Period 8 every Friday. In addition, Form 1 and Form 2 students will have an additional Form Teacher/Assembly lesson during Period 9 on Tuesdays and Mondays respectively. Please refer to the attached appendix for details of the October timetable.

本校全體學生於每星期五第八節進行班主任課/集會課。此外，中一及中二學生分別於星期二及星期一第九節進行額外班主任課/集會課。有關十月份時間表，詳見附件。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

25th September 2026 二零二六年九月二十五日

Appendix : Arrangement of FT/Assembly Lessons (OCT)

附件: 班主任安排 (十月)

Arrangement of Form Teacher / Assembly Lessons (Sept 2026)

班主任課安排 (2026 年 10 月)

Form 1-6, Period 8 (2:40-3:30) on Friday 中一至中六，星期五第 8 課節

Date 日期	Form 班級	Activity 活動	Venue 地點	Extended Lesson Time 延長課時
2/10/2026	Form 1-6	Joint Inauguration 聯合就職禮	Hall 禮堂	2:40-3:40
16/10/2026	Form 1 Student 學生	The Lok Sin Tong Benevolent Society, Kowloon 九龍樂善堂 -- 「非」一般的賭博-預防賭博講座	2 nd Hall 第二禮堂	---
	Form 1 Parent 家長	F1 Parent-FTs Gathering & Campus Tour 與中一家長真情對話	Hall 禮堂	2:40-3:40
	2A, 2B	Life Education Activity Programme 生命教育活動計劃- Cool Teen 有計	Lecture Room 演講室	---
	2C, 2D		Room 421-423	---
	3A	Student Sharing on Subject Selection	Home Room 課室	---
	3B	LPD Education Foundation 生命教育基金會、 eRead 開卷有益-《超凡學生手記 2》		---
	3C	Form Teacher(s) Sharing		---
	3D	Love & Hope Center- Class building & Form Teacher(s) sharing	Love & Hope Center	---
	Form 4-5	Career Awareness Development (I)	Home Room 課室	---
	Form 6	JUPAS Application Follow-up: Program Choices	Home Room 課室	---
20/10/2026 (As Friday)	Form 1	Quality Education Development Centre Limited 素質教育發展中心-心繫家國、認識國旗、國歌及升旗禮儀	Hall 禮堂	---
	Form 2	PolyU SPEED: Consumption Planning	2 nd Hall 第二禮堂	---
	Form 3-4	Parade of PLK charity programs 保良局慈善活動巡禮	Home Room 課室	---
	Form 5	Form Teacher(s) Sharing	Home Room 課室	---
	Form 6	SLP Follow-up: Self Account	Home Room 課室	---
23/10/2026	1A, 1C	eRead 「開卷有益」-初心集	Home Room 課室	---
	1B, 1D	My Life Planning Portfolio	Lecture Room 演講室	---
	Form 2	保良局周兆初紀念青少年發展中心-義起行服務學習計劃 2026-2027	2 nd Hall 第二禮堂	2:40-3:40
	3A	Love & Hope Center- Class building & Form Teacher(s) Sharing	Love & Hope Center	
	3B	Student Sharing on Subject Selection	Home Room 課室	---
	3C	LPD Education Foundation 生命教育基金會、 eRead 開卷有益-《超凡學生手記 2》		---
	3D	Form Teacher(s) Sharing		---
	Form 4	HYC 學友社 Career Workshop - 高中學制多元出路講座	Hall 禮堂	---
	Form 5	Effective study strategies workshop	Home Room 課室	---
	Form 6	JUPAS Application Follow-up: OEA & Additional Information	Home Room 課室	---

Form 1, Period 9 (3:20-3:55) on Tuesday 中一，星期二第 9 課節

Date 日期	Form 班級	Activity 活動	Venue 地點	Extended LessonTime 延長課時
6/10/2026	1A, 1C	My Life Planning Portfolio	Lecture Room 演講室	
	1B, 1D	Career Awareness Development (I)	Home Room 課室	---
13/10/2026	Form 1	Inside Out: Navigating Your Emotional World 情緒 腦朋友：探尋心中的各種聲音	Home Room 課室	---

Form 2, Period 9 (3:20-3:55) on Monday 中二，星期一第 9 課節

Date 日期	Form 班級	Activity 活動	Venue 地點	Extended LessonTime 延長課時
5/10/2026	2A	Chinese Culture:Chinese Shuttlecock 中華文化:足 毽 (1)	Hall 禮堂	---
	2B	Cheung Hong Baptist Church, Tsuen Wan Christian Grace Chapel-Character Building Academy 長康浸 信會、基恩會荃灣堂-品德學堂(1) 堅毅、勤勞 Perseverance & Diligence	Home Room 課室	---
	2C,2D	LPD Education Foundation 生命教育基金會「超凡 學生閱讀計劃」(1) 學習的意義		---
12/10/2026	Form 2	HYC Career Workshop 學友社 - 職業性格分析工作 坊	Home Room 課室	