



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,
各位家長：

P26036

Form 5 Youth Navigation Scheme: Career and Life Planning Counselling Service
中五級「青航計劃」生涯規劃輔導服務

To help Secondary 5 students plan their future studies and careers at an early stage, our school is collaborating with the Hong Kong Association of Talents to organize the 'Youth Navigation Scheme: Career and Life Planning Counselling' for Secondary 5 students.

This programme will arrange a career assessment for students to systematically analyze their personal traits, strengths, and possible career options. After completing the assessment, each student will attend a one-off 50-minute individual counselling session conducted by Psychology master's students from The Chinese University of Hong Kong who have received professional training in career planning counselling.

Based on each student's assessment results and individual needs, the counsellors will assist students in interpreting the report, reflecting on their interests and strengths, and formulating a personalized plan for further studies or career exploration.

為協助中五同學及早規劃升學及就業方向，本校與香港人才協會合作，為中五學生推行「青航計劃：生涯規劃輔導」。

本計劃將安排同學完成一項職業興趣評估，透過系統性分析，協助同學了解個人特質、優勢及潛在的職業發展方向。完成評估後，每位同學將參加一次約 50 分鐘的一對一輔導面談。輔導團隊由已接受專業生涯規劃培訓的香港中文大學心理學碩士生擔任。

輔導員將根據同學的評估結果及個人需要，協助同學解讀評估報告，引導同學深入反思自身興趣與優勢，並制定合適的升學或職涯探索的行動方案。

Programme Details 計劃詳情：

Date 日期	Time 時間	Place 地點	Fee 費用
21-9-2026	4:10pm - 5:00pm	School 本校	Free of Charge 全免
30-9-2026	3:10pm - 5:00pm		
			*The school will fully subsidize the counselling fee of HK\$200 for each participating student. If a student is absent without a valid reason or fails to attend the assigned counselling session punctually, the parent will be required to reimburse HK\$200 to the school. 學校已為每位參加學生全數津貼港幣 200 元的輔導費用。如學生無故缺席或未能按時出席已編排的輔導面談，家長須向校方繳付港幣 200 元。

Important Notes / 注意事項：

Counselling Session Arrangements 輔導面談時間安排

A specific counselling date and time slot will be allocated to each student, who is required to attend punctually according to the assigned schedule.

每位同學均獲編配指定的輔導面談日期與時段，並須按編排時間準時出席。

Your child has been arranged to participate in the above programme. Please complete and return the online reply slip on or before 16th September, 2026.

貴子弟已獲安排參與是次計劃，敬請 貴家長於九月十六日或以前填妥網上回條。

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保良局羅傑承(一九八三)中學

Law Wing Chung, Principal 羅穎忠校長
14th September 2026 二零二六年九月十四日

