



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110

Fax: 2431 1156

Dear Parents,
各位家長：

P26033

**School Picnic cum Mental Health Day –
Trip to Cheung Chau Saiyuen Camping Adventure Park**
學校旅行暨精神健康日：長洲西園露營歷奇園地之旅

The School Picnic cum Mental Health Day – Trip to Cheung Chau Saiyuen Camping Adventure Park will be held on 9th October 2026 (Friday). F.2-4 students will take part in adventure activities and enjoy some free time with their peers during the trip. The fee of the trip is \$100 per student while the remaining amount, including the entry fee, transportation fee and meal fee, will be sponsored by the school.

Parents are requested to sign the reply slip via eClass Parent app by 30th September 2026 (Wednesday). The arrangement for the School Picnic cum Mental Health Day is as follows:

本校將於 2026 年 10 月 9 日 (星期五) 舉行學校旅行暨精神健康日：長洲西園露營歷奇園地之旅。中二至中四級同學會參與歷奇和與同儕享有自由活動時間。活動收費為每人 \$100，活動餘額 (包括入園費用、交通費用、膳食費用) 支出由學校資助。

請 貴家長於 2026 年 9 月 30 日 (星期三) 或之前，透過 eClass 家長應用程式簽回電子通告。旅行當日安排如下：

Gathering Time 集合時間	F.2, F.3, F.4A, F.4B and F.4C students: 8:10 a.m. F.4D students: 8:10 a.m. 中二級、中三級及 4A, 4B, 4C 班同學: 上午八時十分 4D 班同學: 上午八時十分
Meeting point 集合地點	F.2, F.3, F.4A, F.4B and F.4C students: Tsing Yi Pier F.4D students: Central Pier No. 5 中二級、中三級及 4A, 4B, 4C 班同學: 青衣碼頭 4D 班同學: 中環 5 號碼頭
Gathering Time for Return 回程集合時間	F.2, F.3, F.4A, F.4B and F.4C students: 2:30 p.m. F.4D students: 2:00 p.m. 中二級、中三級及 4A, 4B, 4C 班同學: 下午二時三十分 4D 班同學: 下午二時正
Meeting point for Return 回程集合地點	Cheung Chau Saiyuen Camping Adventure Park 長洲西園露營歷奇園地
Dismissal Time 解散時間	F.2, F.3, F.4A, F.4B and F.4C students: around 4:00 p.m. F.4D students: around 4:15 p.m. 中二級、中三級及 4A, 4B, 4C 班同學: 約下午四時正 4D 班同學: 約下午四時十五分
Dismissal Location 解散地點	F.2, F.3, F.4A, F.4B and F.4C students: Tsing Yi Pier F.4D students: Central Pier No. 5 中二級、中三級及 4A, 4B, 4C 班同學: 青衣碼頭 4D 班同學: 中環 5 號碼頭
Meal Arrangement 用餐安排	The camp provides lunch, including chicken à la king, pork Bolognese, cheeseburger patties, braised soy-sauce chicken wings, stir-fried pork with onions, chicken curry, cheese and ham croissant with salad, French-style potato and vegetable gratin, steamed rice, and spaghetti. 營地提供午膳，包括白汁雞皇、茄汁肉醬 (豬肉)、芝士漢堡扒、滷水雞翼、洋葱炒豚肉、咖喱雞球、芝士火腿牛角包配沙律、法式焗薯菜、白飯和意粉
Dress Code 衣著要求	School Activity Uniform 學校活動服
Payment Details 費用詳情	\$100
Remarks 備註	1. Students should bring their own towels, lunch boxes, utensils and water. Students should bring a set of school activity uniform, socks and sneakers if necessary. 同學請自備毛巾、食物盒、餐具及飲用水。如有需要，可帶備一套學校活動服及鞋襪以作更換。 2. Students are advised to bring some cash. 同學可自備少量現金。 3. Students must wear proper sneakers. 同學必須穿着合規格之運動鞋。

For enquiries, please contact Mr. Ngai Yat Kwo at 2497 7110.

如有疑問，請致電 2497 7110 與魏逸戈老師聯絡。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學

Law Wing Chung, Principal 羅穎忠校長

14th September 2026 二零二六年九月十四日