



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110

Fax: 2431 1156

Dear Parents,
各位家長：

P25168

Arrangement on Swimming Lessons

游泳課通知書

Please be informed that Form Two (Girls) P.E. swimming lessons will be held at Kwai Shing Swimming Pool from 5th May to 27th May 2026, between 3:00p.m. and 4:00 p.m. All students are required to attend the lessons unless they are granted exemption on health grounds. To apply for the exemption, please submit a medical certificate to the school. Transportation to and from the swimming pool will be arranged by the school. If you have any inquiries, please feel free to contact our P.E. teacher, Ms. Lui Wai Yee.

本校中二級(女生)游泳體育課將於二零二六年五月五日至五月二十七日下午三時至四時在葵盛游泳池進行。所有學生須參與上述活動，如因健康狀況不適宜參與活動，請提交醫生證明書申請豁免。學校與泳池往返的交通由學校安排。如有任何查詢，請聯絡體育科呂慧儀老師。

Your daughter will participate in the activity. Please sign and return the reply slip.

貴子弟將參與上述活動，敬請 貴家長簽妥回條。

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保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

16th April, 2026 二零二六年四月十六日

E-class Reply Slip

電子通告回條

*I acknowledge the captioned circular regarding 'Swimming Lessons'.

本人知悉 貴校來函有關「游泳課通知書」事宜，

I confirm that she is healthy and able to attend the swimming lessons.

本人確認她的健康正常，可參加該項活動。

I apply for exemption from the swimming lessons because she suffers from the following illness / health problem.

由於她患有下列疾病，現申請豁免其參加是項活動。

➤ Illness / health problem 疾病:
