



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,

P25164

各位家長：

Arrangement on Form Teacher / Assembly Lessons (April 2026)

班主任課安排(二零二六年四月)

We would like to inform you that all classes will have Form Teacher/Assembly lessons during period 8 every Friday. In addition, F.1 and F.2 classes will have supplementary Form Teacher / Assembly lessons during Period 9 on Tuesdays and Mondays, respectively. The details of the April timetable are provided on the back of this letter.

本校全體學生將於每星期五第八節進行班主任課。此外，中一級及中二級學生將分別於星期二及星期一第九節進行第二節班主任課。詳情請參閱後頁資料(四月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

27th March 2026 二零二六年三月二十七日

Po Leung Kuk Lo Kit Sing (1983) College

F1 – F6 Form Teacher Period / Hall Assembly (April 2026)

Date	Hall Assembly	Form Teacher Period	Time
17/4/2026	F1 電腦及網上罪行- DD (2 nd Hall) F2-F5 「從金庸武俠看傳統服飾:江湖的歷史美學」 互動講座 – Chi History (Hall)* (14:40 – 15:40)		
24/4/2026	F2 2025/26 學年推廣普通話計劃 -中學巡迴教育劇場《不普通的郊外遊》 - PU (Hall) F3 & F4B HKU Admission Talk – CRD (2 nd hall) F4A Class building + Teacher Sharing 1 (Love & Hope centre) F4CD 同心抗逆 - GCD (Rm 421 - 423)	F1 HYC Career Workshop: Goal Setting & Time Management - CRD F5 「生活事件」工作生活—誠信無價 - CMN	14:40 -15:30

Remarks: * Form Teacher / Assembly lessons end after 15:30.

F1 Supplementary Form Teacher Period / Hall Assembly (April 2026)

Date	Class				Time
	1A	1B	1C	1D	
14/4/2026	齊齊享 BOOK 2 -ACD (Homeroom)	Class building+ FT sharing 2 (Love & Hope Centre)	Music 3 (CSNO: even no.) (Music Rm) 升旗隊訓練體驗課 - CMN (CSNO: odd no.) (Rm 421-423)* (15:20 – 16:20)	品德學堂-團結 - CMN (Homeroom)	
21/4/2026	品德學堂-仁愛、孝- CMN (Homeroom)	Self-understanding and Career Planning - CRD (Homeroom)	Self-understanding and Career Planning - CRD (Homeroom)	Music 4 (CSNO: even no.) (Music Rm) 升旗隊訓練體驗課 - CMN (CSNO: odd no.) (新翼天台)* (15:20 – 16:20)	15:20 -15:55
28/4/2026	Music 4 (CSNO: even no.) (Music Rm) 升旗隊訓練體驗課 - CMN (CSNO: odd no.) (新翼天台)* (15:20 – 16:20)	品德學堂-仁愛、孝- CMN (Homeroom)	Career Awareness Development (II) – CRD (Rm 421 - Rm 423)	Career Awareness Development (II) – CRD (Rm 421 - Rm 423)	

Remarks: * Form Teacher / Assembly lessons end after 15:55.

F2 Supplementary Form Teacher Period / Hall Assembly (April 2026)

Date	Class				Time
	2A	2B	2C	2D	
13/4/2026	超凡學生閱讀計劃 -1 學習的意義 - CMN (Homeroom)	超凡學生閱讀計劃 -1 學習的意義 - CMN (Homeroom)	超凡學生閱讀計劃 - 2 時間管理 (上) 充裕的時間 -CMN (Homeroom)	Project Next: 區塊鏈的危與機 – CMN (Homeroom)	
20/4/2026	超凡學生閱讀計劃 - 2 時間管理 (上) 充裕的時間 - CMN (Homeroom)	超凡學生閱讀計劃 - 2 時間管理 (上) 充裕的時間 - CMN (Homeroom)	Project Next: 區塊鏈的危與機 – CMN (Homeroom)	超凡學生閱讀計劃 - 2 時間管理 (上) 充裕的時間 - CMN (Homeroom)	15:20 -15:55
27/4/2026	Project Next: 虛擬人生體驗活動 – CMN (Homeroom)	超凡學生閱讀計劃 - 3 時間管理 (下) 時間的季節 – CMN (Homeroom)	超凡學生閱讀計劃 - 3 時間管理 (下) 時間的季節 - CMN (Homeroom)	Career Awareness Development (II) – CRD (Homeroom)	

Remarks: * Form Teacher / Assembly lessons end after 15:55.