



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110

Fax: 2431 1156

Dear Parents,
各位家長：

P25018

Arrangement on Swimming Lessons
游泳課通知書

This is to inform you that Form Two P.E. lessons will include swimming classes at Kwai Shing Swimming Pool from 10th September to 14th October 2025. The lessons will finish at 4:00 p.m. All students are required to attend the lessons unless they are unwell. Exemption will only be granted on medical grounds. Transportation will be arranged by the school. If you have any queries, please feel free to contact our P.E. teacher, Mr. Yu Chun Woon.

本校中二級游泳體育課將於二零二五年九月十日至十月十四日，在葵盛游泳池進行，下課時間為下午四時正。所有學生均須參與上述課堂，如因健康狀況不適宜參與活動，請提交醫生證明書申請豁免。來回交通由學校安排。如有任何查詢，請聯絡余老師。

Please acknowledge by completing the reply slip below and returning it to Mr. Yu Chun Woon.
敬請填妥回條，著 貴子弟交回體育科余俊垣老師。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長
4th September, 2025 二零二五年九月四日

E-class Reply Slip

電子通告回條

I acknowledge the captioned circular regarding 'Reading Celebration Day'.

本人知悉 貴校來函有關「游泳課通知書」事宜。

- ☐ I approve that *he / she is health and able to attend the swimming lessons.

本人認為*他／她的健康正常，能參加該項活動。

- ☐ I apply for exemption on the swimming lessons because *he / she is suffered from the following illness / health problem..

由於*他／她患有下列疾病，請豁免其參加是項活動。

Please put a ✓ in the appropriate box 請於適當 ☐ 內填上‘✓’號