



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,
各位家長：

P25012

Arrangement on Form Teacher / Assembly Lessons (September 2025)

班主任課安排 (二零二五年九月)

We would like to inform you that all classes will have Form Teacher/Assembly lessons during period 8 every Friday. In addition, F.1 and F.2 classes will have supplementary Form Teacher / Assembly lessons during Period 9 on Tuesdays and Mondays, respectively. The details of the September timetable are provided on the back of this letter.

本校全體學生將於每星期五第八節進行班主任課。此外，中一級及中二級學生將分別於星期二及星期一第九節進行第二節班主任課。詳情請參閱後頁資料(九月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

3rd September 2025 二零二五年九月三日

Po Leung Kuk Lo Kit Sing (1983) College

F1 – F6 Form Teacher Period / Hall Assembly (September 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
12/9/2025	F1 MindHK Youth Mental Health 101 for students – (Hall) GCD iACT F2AB 賽馬會眾心行善(1)——義工推廣校園夥伴計劃 – SVS (LT) F2CD My Life Planning Portfolio - CRD (Rm 421 -Rm423)	14:40 – 15:30	F3 - F5 保良局慈善活動巡禮 – 回顧與前瞻 - SAD F6 定立溫習時間表 - Form Co	14:40 – 15:30
26/9/2025	House AGM		/	

F1 Supplementary Form Teacher Period / Hall Assembly (September 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
9/9/2025	/		禁毒活動 – DD* (2nd Hall) & 保良局慈善活動巡禮 – 回顧與前瞻 - SAD (Homeroom)	15:20 - 16:10
16/9/2025	校園欺凌 (香港警務處) - DD (Hall)	15:20 - 15:55	/	
23/9/2025	中一適應講座- 從中一出發 - 升中指南 – GCD (Hall)	15:20 - 15:55	/	
30/9/2025	真人圖書館: 夢從這裡開始 – GCD* (Hall)	15:20 – 16:20	/	

Remarks: * *Form Teacher / Assembly lessons end after 15:55*

F2 Supplementary Form Teacher Period / Hall Assembly (September 2025)

Date	Class				Time
	2A	2B	2C	2D	
8/9/2025	禁毒活動 – DD* (2nd Hall) & 保良局慈善活動巡禮 – 回顧與前瞻 - SAD (Homeroom)				15:20 - 16:10
15/9/2025	賽馬會眾心行善(2)——義工推廣校園夥伴計劃 - SVS* (LT) (15:20 – 16:10)		Career Awareness Development (I) - CRD (Homeroom)	Project Next: 探索元宇宙 – CMN (Homeroom) (iPad)	15:20 - 15:55
22/9/2025	正向品格塑造 - GCD (Hall)				15:20 - 15:55
29/9/2025	正向情緒: 感恩之心 – CMN *(Hall)				15:20 - 16:20

Remarks: * *Form Teacher / Assembly lessons end after 15:55*