



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,
各位家長：

P24147

Arrangement on Form Teacher / Assembly Lessons (April & May 2025)

班主任課安排 (二零二五年四月/五月)

Please be informed that all classes have Form Teacher/Assembly lessons during the 8th period every Friday. Additionally, all F.1 and F.2 classes have supplementary Form Teacher/Assembly lessons during the 9th period every Monday and the 8th period every Tuesday, respectively. The details of the April and May timetables are provided on the back of this letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級及中二級的第二節班主任課將分別在星期一第九節課及星期二第八節課進行；詳情請參閱後頁資料(四月/五月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

31st March 2025 二零二五年三月三十一日

F1 – F6 Form Teacher Period / Hall Assembly (April / May 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
25/4/2025	F1- F5 《憲法》、《基本法》、「一國兩制」- 勵進講座 – CSD & CMN (Hall) (60 mins)	14:50 – 15:50	/	/
2/5/2025 Sci Showbiz	F1 STEAM Workshop (Hall)	13:15 – 16:15	F2 - F5 Science Talk (生成式人工智能簡介) - F2, F3, F4 (homeroom zoom) - F5 (2 nd Hall)	14:50 – 15:30
9/5/2025	F1- F2 Talk on Plastic Waste Pollution – Environmental Ed (Hall) (45 mins)	14:45 – 15:30	F3 Career Awareness Development (II) – CRD F4ABC Teacher Sharing 3 F4D Class Building 1 (L & H Centre) F5 JUPAS Writing Workshop - CRD	14:50 – 15:30
16/5/2025	F1 – F3 國際援助 – CES (Hall)	14:50 – 15:30	F4 Career Awareness Development – CRD F5 Career Awareness Development (II) – CRD	14:50 – 15:30
23/5/2025	F3 傳媒性意識 (1) – Sex & Health (2 nd Hall) F4 – F5 智能手機性陷阱 – Sex & Health (Hall)	14:50 – 15:30	F1 (as below) F2 HYC Career Workshop – Team Building – CRD	14:50 – 15:30
30/5/2025	F4 iTeen 中學參與計劃:廉政互動劇場 2024/25 – CMN* (Hall) (60 mins)	14:50 – 15:50	F1 (as below) F2 成長新動力 - 6 欣賞篇- CMN * F3 傳媒性意識 (2) – Sex & Health (Boys: Rm 421 – 423; Girls: LT) F5 超凡學生閱讀計劃 - 4 積極的等待 - CMN	14:50 – 15:30

Date	F1A	F1B	F1C	F1D	
23/5/2025	善亮人生_開箱 Life_2.0: Ch 19_溝通力 -CMN (Homeroom)	Career Awareness Development (I) (Homeroom)	Project Next:A.I 體驗活動 – CMN (Homeroom)(ipad)	齊齊享 BOOK 2 - ACD (Homeroom)	14:50 – 15:30
30/5/2025	Career Awareness Development (I) (Homeroom)	Project Next:A.I 體驗活動 – CMN (Homeroom)(ipad)	齊齊享 BOOK 2 - ACD (Homeroom)	善亮人生_開箱 Life_2.0: Ch 19_溝通力 -CMN (Homeroom)	14:50 – 15:30

Remarks: * *Form Teacher / Assembly lessons end after 3:30pm*

F1 Supplementary Form Teacher Period / Hall Assembly (April / May 2025)

Date	Class				Time
	F1A	F1B	F1C	F1D	
7/4/2025	Project Next:我們都是大數據? – CMN (Homeroom)	Music 4 (Music Rm)	善亮人生_開箱 Life_2.0: Ch 18_正向語言-我有個薩提爾校長-CMN (Homeroom)	Class Building 2 (Love & Hope Centre)	15:30 – 16:10
28/4/2025	Music 3 (Music Rm)	善亮人生_開箱 Life_2.0: Ch 18_正向語言-我有個薩提爾校長-CMN (Homeroom)	Project Next:我們都是大數據? – CMN (Homeroom)	STEAM Workshop 2 – Sci Dept (Homeroom)	
6/5/2025 Tue as Mon	Teacher Sharing 1 + (青少年罪行誌_師長攻略:網上交友風險)	Teacher Sharing 1 + (青少年罪行誌_師長攻略:網上交友風險)	Teacher Sharing 1 + (青少年罪行誌_師長攻略:網上交友風險)	Teacher Sharing 1 + (青少年罪行誌_師長攻略:網上交友風險)	
12/5/2025	Music 4 (Music Rm)	Project Next:我們都是大數據? – CMN (Homeroom)	Class Building 2 (Love & Hope Centre)	善亮人生_開箱 Life_2.0: Ch 18_正向語言-我有個薩提爾校長-CMN (Homeroom)	
19/5/2025	Project Next:A.I 體驗活動 – CMN (Homeroom)	齊齊享 BOOK 2 - ACD (Homeroom)	善亮人生_開箱 Life_2.0: Ch 19_溝通力 -CMN (Homeroom)	Career Awareness Development (I) (Homeroom)	
26/5/2025	齊齊享 BOOK 2 - ACD (Homeroom)	善亮人生_開箱 Life_2.0: Ch 19_溝通力 - CMN(Homeroom)	Career Awareness Development (I) (Homeroom)	Project Next:A.I 體驗活動 – CMN (Homeroom)	

F2 Supplementary Form Teacher Period / Hall Assembly (April / May 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
1/4/2025	F2AD Physical Exercise	14:50 – 15:30	F2BC Career Awareness Development (I) - CRD	14:50 – 15:30
8/4/2025	F2BC Physical Exercise		F2AD Career Awareness Development (I) - CRD	
29/4/2025	/		成長新動力-4 息怒篇-CMN *	
13/5/2025	/		成長新動力-5 和解篇-CMN *	
20/5/2025	課金與電子遊戲賭博，如何向賭博say no」 – DD (Hall)*	14:50 – 15:50	/	
27/5/2025	SOS 情緒急救工作坊 – GCD (Hall)	14:50 – 15:30	/	

Remarks: * *Form Teacher / Assembly lessons end after 3:30pm*