



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,

P24121

各位家長：

Arrangement on Form Teacher / Assembly Lessons (March 2025)

班主任課安排 (二零二五年三月)

Please be informed that all classes have Form Teacher/Assembly lessons during the 8th period every Friday. Additionally, all F.1 and F.2 classes have supplementary Form Teacher/Assembly lessons during the 9th period every Monday and the 8th period every Tuesday, respectively. The details of the March timetable are provided on the back of this letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級及中二級的第二節班主任課將分別在星期一第九節課及星期二第八節課進行；詳情請參閱後頁資料(三月時間表)。

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保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

28th February 2025 二零二五年二月二十八日

F1 – F6 Form Teacher Period / Hall Assembly (March 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
7/3/2025	F2 Talk on Food Waste and sustainable development – Environmental Ed (Rm421-423)	14:55 – 15:30	F1 HYC Career Workshop – Time Management – CRD	14:55 – 15:30
	F3 Panel Head Subject Selection Talk (I) – CRD (2nd Hall)			
	F.4-F.5 Career Talk: Career Decision Making -CRD (Hall)			
14/3/2025	F3 Panel Head Subject Selection Talk (II) – CRD (2nd Hall)	14:55 – 15:30	F1 吸煙多面睇 – CMN* (60 mins)	14:55 – 15:30
	F4-F5 Resilience Level Up -GCD (Hall)		F2 HYC Career Workshop – Goal Setting – CRD	
28/3/2025	F1- F2 中學巡迴教育劇場《真假售貨員》- PTH	14:50 – 15:30	F3D Class Building 1 (L & H Centre) F3ABC Teacher Sharing 2 F4 Career Exploration – CRD F5 Effective study strategies workshop – GCD	14:50 – 15:50

Remarks: * Form Teacher / Assembly lessons end after 3:30pm

F1 Supplementary Form Teacher Period / Hall Assembly (March 2025)

Date	Class				Time
	F1A	F1B	F1C	F1D	
3/3/2025	Project Next:A for 「A.I」 - CMN (Homeroom)	STEAM Workshop 2 – Sci Dept (Homeroom)	善亮人生_開箱 Life_2.0: Ch 7_熱情 – CMN (Homeroom)	Music 3 (Music Rm)	15:30 – 16:10
10/3/2025	善亮人生_開箱 Life_2.0: Ch 7_熱情 – CMN (Homeroom)	Class Building 2 (Love & Hope Centre)	Project Next:A for 「A.I」 - CMN (Homeroom)	Music 4 (Music Rm)	15:30 – 16:05
17/3/2025	STEAM Workshop 2 – Sci Dept (Homeroom)	善亮人生_開箱 Life_2.0: Ch 7_熱情 – CMN (Homeroom)	Music 3 (Music Rm)	Project Next:A for 「A.I」 - CMN (Homeroom)	15:30 – 16:10
24/3/2025	Class Building 2 (Love & Hope Centre)	Project Next:A for 「A.I」 - CMN (Homeroom)	Music 4 (Music Rm)	善亮人生_開箱 Life_2.0: Ch 7_熱情 – CMN (Homeroom)	15:30 – 16:10
31/3/2025	善亮人生_開箱 Life_2.0: Ch 18_正向語言-我有個薩提爾校長-CMN (Homeroom)	Music 3 (Music Rm)	STEAM Workshop 2 – Sci Dept (Homeroom)	Project Next:我們都是大數據? – CMN (Homeroom)	15:30 – 16:10

F2 Supplementary Form Teacher Period / Hall Assembly (March 2025)

Date	Hall Assembly	Form Teacher Period	Time
4/3/2025	F2 Emotional Education 2 / Personality Dimensions workshop 2 – GCD* (Hall)		14:50 – 15:45
11/3/2025	F2 Career Awareness & Exploration (JYCGIF) - CRD (Hall)		14:55 – 15:30
18/3/2025	F2AD AR Workshop on Eye Disease – Sex & Health (LT)	F2BC 齊齊享 BOOK 2 -ACD (Homeroom)	14:50 – 15:30
25/3/2025	F2BC AR Workshop on Eye Disease – Sex & Health (LT)	F2AD 齊齊享 BOOK 2 -ACD (Homeroom)	14:50 – 15:30

Remarks: * Form Teacher / Assembly lessons end after 3:30pm