



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,
各位家長：

P24093

Arrangement on Form Teacher / Assembly Lessons (February 2025)

班主任課安排(二零二五年二月)

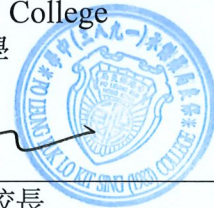
Please be informed that all classes have Form Teacher/Assembly lessons during the 8th period every Friday. Additionally, all F.1 and F.2 classes have supplementary Form Teacher/Assembly lessons during the 9th period every Monday and the 8th period every Tuesday, respectively. The details of the February timetable are provided on the back of this letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級及中二級的第二節班主任課將分別在星期一第九節課及星期二第八節課進行；詳情請參閱後頁資料(二月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學

Law Wing Chung, Principal 羅穎忠校長

24th January 2025 二零二五年一月二十四日



F1 – F6 Form Teacher Period / Hall Assembly (February 2025)

Date	Hall Assembly	Time	Form Teacher Period	Time
14/2/2025	F1 STEAM Workshop 1 – Sci Dept (2 nd hall)	14:50 – 15:30	F2 成長新動力-1 傾聽篇-CMN *	14:50 – 15:50
	F4-F5 賭局 X 檔案 - 預防賭博 – DD* (Hall)	14:45 – 15:45	F3AB Teacher Sharing 1 F3C Class Building 1 (L & H Centre) F3D Teacher Sharing 2	14:50 – 15:30
21/2/2025	F1, F3 活到 65 歲, 退而不可休-CMN (Hall)	14:50 – 15:30	F2 成長新動力-2 價值篇-CMN *	14:50 – 15:50
	F5 Mock JUPAS Briefing – CRD (2 nd Hall)	14:50 – 15:30	F4AB Teacher Sharing 2 F4C Class Building 1 (L & H Centre) F4D Teacher Sharing 3	14:50 – 15:30
	F5 家傳之「簿」 - SAD* (15:30 – 15:40 Homeroom)		F6 Student Profile &家傳之「簿」 - Form Co & SAD* (15:30 – 15:40)	14:50 – 15:40
28/2/2025	F1AD Career Lesson – VASK Card – CRD (Rm 421 - 423)	14:50 – 15:30	F1BC 「開卷有益」 - CMN	14:50 – 15:30
	F4 Study Stress Management - GCD (Hall)	14:50 – 15:30	F2 成長新動力-3 堅定篇-CMN *	14:50 – 15:50
			F3 超凡學生閱讀計劃: 新超凡學生手記 2 – CMN	14:50 – 15:30
			F5ABC Teacher Sharing 3 F5D Class Building 1 (L & H Centre)	14:50 – 15:30

Remarks: * Form Teacher / Assembly lessons end after 3:30pm

F1 Supplementary Form Teacher Period / Hall Assembly (February 2025)

Date	Class				Time
	F1A	F1B	F1C	F1D	
10/2/2025	Project Next:破解大數據 – CMN (Homeroom) (ipad)	善亮人生_開箱 Life_2.0: Ch 4_情緒力 -礎出好心情 – CMN (Homeroom)	Music 1 (Music Rm)	Class Building 1 (Love & Hope Centre)	15:30 – 16:10
17/2/2025	善亮人生_開箱 Life_2.0: Ch 4_情緒力 -礎出好心情 – CMN (Homeroom)	Project Next:破解大數據 – CMN (Homeroom) (ipad)	Music 2 (Music Rm)	齊齊享 BOOK 1 - ACD (Homeroom)	

F2 Supplementary Form Teacher Period / Hall Assembly (February 2025)

Date	Hall Assembly	Form Teacher Period	Time
11/2/2025	Pre-show workshop for Stage Cultural Day – LWL* (Hall)		14:50 – 15:45
18/2/2025		香港文化發展探索日分享會- CMN	14:50 – 15:30
25/2/2025	Emotional Education 1 / Personality Dimensions workshop 2 – GCD (Hall)		14:50 – 15:30

Remarks: * Form Teacher / Assembly lessons end after 3:30pm