



Po Leung Kuk  
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

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Dear Parents,  
各位家長：

P24028

**Arrangement on Form Teacher / Assembly Lessons (October 2024)**

**班主任課安排 (二零二四年十月)**

Please be informed that all classes have Form Teacher/Assembly lessons during the 8th period every Friday. Additionally, all F.1 and F.2 classes have supplementary Form Teacher/Assembly lessons during the 9th period every Monday and the 8th period every Tuesday, respectively. The details of the October timetable are provided on the back of this letter.

本學年全校的班主任課將於每星期五第八節課進行，而中一級及中二級的第二節班主任課將分別在星期一第九節課及星期二第八節課進行；詳情請參閱後頁資料(十月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College  
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

30<sup>th</sup> September 2024 二零二四年九月三十日

### F1 – F6 Form Teacher Period / Hall Assembly (October 2024)

Date	Hall Assembly	Form Teacher Period	Time
4/10/2024	Joint Inauguration	/	
18/10/2024	F3 – F4 抗毒教育講座 – DD (Hall)	F1 感恩(II):第一節：一切很美，只因有您 - CMN  F2 超凡學生閱讀計劃: 新超凡學生手記 1(第一章至第六章) – CMN  F5A Class Building (L & H Centre) F5BCD Teacher Sharing 1  F6A Stress management workshop – GCD F6B Mindfulness-based stress reduction workshop – GCD (Rm 421 – Rm 423) F6CD Career Awareness Development - CRD	14:50 – 15:30

### F1 Supplementary Form Teacher Period / Hall Assembly (October 2024)

Date	Class				Time
	F1A	F1B	F1C	F1D	
7/10/2024	Class Building 1 (L & H Centre)	Music 1 (Music Rm)	Solid Memory (Homeroom)	Project Next: 人工智能時代 – CMN (Homeroom)	15:30 – 16:10
14/10/2024	Help Seeking – GCD (Homeroom)				
21/10/2024	齊齊享 BOOK 1 -ACD (Homeroom)	Music 2 (Music Rm)	Project Next: 人工智能時代 – CMN (Homeroom)	Solid Memory (Homeroom)	

### F2 Supplementary Form Teacher Period / Hall Assembly (October 2024)

Date	Form Teacher Period	Time
8/10/2024	超凡學生閱讀計劃 - 4 學習的四大週期 – CMN (Homeroom)	14:50 – 15:30
15/10/2024	F2A Class Building 1 – GCD (L & H Centre) F2BCD Teacher Sharing 1 + (青少年罪行誌_師長攻略:詐騙/串謀 詐騙) (Homeroom)	
22/10/2024	齊齊享 BOOK 1 -ACD (Homeroom)	