



Po Leung Kuk
Lo Kit Sing (1983) College

保良局羅傑承(一九八三)中學

Cheung Hong Estate, Tsing Yi, N.T., Hong Kong

香港新界青衣長康邨

Tel: 2497 7110

Fax: 2431 1156

Dear Parents,
各位家長：

P22152

Arrangement on Form Teacher / Assembly Lessons (March 2023)

班主任課安排(二零二三年三月)

Please be informed that all classes have Form Teacher /Assembly lessons in the 8th period every Friday and F.2 classes have the supplementary Form Teacher /Assembly lessons in the 8th period every Tuesday in the second term. The details of the timetable in March are stated at the back of the letter.

本學年全校的班主任課將於每星期五第八節課進行，而中二級的第二節班主任課將於第二學期逢星期二第八節課進行；詳情請參閱後頁資料(三月時間表)。

Po Leung Kuk Lo Kit Sing (1983) College
保良局羅傑承(一九八三)中學



Law Wing Chung, Principal 羅穎忠校長

28th February 2023 二零二三年二月二十八日

F1 – F6 Form Teacher Period / Hall Assembly
(March 2023)

Date	Hall Assembly	Form Teacher Period	Time
10/3/2023	F1 - F3 活到 65 歲 · 退而不可休- CMN (F1, F3 : Hall; F2: Homeroom)	F4 HYC Career Workshop (I) - CRD F5 愛情價值學 (1) - Sex & Health (Boy: LT; Girls Rm 421 – 423)	2:50 – 3:30
17/3/2023	F1 -F3 運動有數計- PE Dept (F1, F2 : Hall; F3: Homeroom)	F4 HYC Career Workshop (II) -CRD F5 愛情價值學 (2) - Sex & Health (Boy: LT; Girls Rm 421 – 423)	2:50 – 3:30
24/3/2023	F2CD Mental Wellness Talk – GCD (Second Hall) F3 Panel Head Subject Selection Talk (I) – CRD(Hall)	F1AD Teacher Sharing F1BC 「開卷有益」 - CMN F2AB Emotion regulation workshop (Art making) – GCD F4 HYC Career Workshop (III) -CRD F5 Career Awareness Development (I) – CRD	2:50 – 3:30
31/3/2023	F1 – F2 我有分寸 Don't Touch - CMN (Hall) F3 Panel Head Subject Selection Talk (II) – CRD (Second Hall)	F4 Time management - GCD F5 Career Awareness Development (II) – CRD	2:50 – 3:30

Remarks: * Form Teacher / Assembly lessons end after 3:30pm

F2 Supplementary Form Teacher Period / Hall Assembly
(March 2023)

Date	Hall Assembly	Form Teacher Period	Time
7/3/2023	網絡審判團(網絡欺凌) -DD		2:50 – 3:30
14/3/2023		Mindfulness Classes & Teacher Sharing – GCD & Form Co (2D: Love and Hope Centre; Other classes: Homeroom)	2:50 – 3:30
28/3/2023		HYC Career Workshop (III) – CRD	2:50 – 3:30